

CLARIFYING ACNE PEPTIDE PROTOCOL



DESCRIPTION OF TREATMENT:

This targeted acne protocol utilizes Viktorija DeAnn's clarifying peptide formulations to address active breakouts, congestion, acne scarring, and post-inflammatory erythema and hyperpigmentation. By supporting balanced cellular communication, these peptides help calm inflammation, regulate congestion, and encourage healthy skin renewal without overstimulation. The treatment works synergistically to support the skin's natural healing processes, reducing the appearance of blemishes and discoloration over time. With consistent care, skin texture is refined, clarity is restored, and the complexion appears smoother, more even toned, and increasingly resilient.

BENEFITS:

- Calms inflammation and reduces redness from active breakouts and PIE
- Helps clear pores and reduce congestion, blackheads, and whiteheads
- Supports balanced oil production to minimize recurring breakouts
- Encourages healing to improve acne scarring and PIH
- Promotes cellular renewal to smooth texture and strengthen resilience
- Improves overall clarity, tone, and skin radiance over time

PEPTIDE TYPE:



SIGNALING

Repair Peptide, Rejuvenator, Hyaluronic Peptide Serum Low (Immunity, Fibroblasts) & High (Inflamed Acne)



ANTIMICROBIAL

Clear Peptide

SUGGESTED TREATMENT PRODUCTS

- Purifying Cleanser
- Balancing Cleanser
- Lactic 5% + Collagen
- Repair Peptide
- Clear Peptide
- Pepti-Nano Mask
- Rejuvenator (all levels)
- Collagen Gel, Day Moisturizer
- VIOpure Nourishing Moisturizer
- Hyaluronic Peptide Serum Low
- Hyaluronic Peptide Serum High

HOME CARE SUGGESTIONS:

- Balancing Cleanser
- Lactic 5% + Collagen
- Hyaluronic Peptide
- Clear Peptide
- Repair Peptide
- Pepti-Nano Mask
- Day Moisturizer
- Collagen Gel
- VIOpure Nourishing Moisturizer
- Rejuvenator

MODALITY SUGGESTIONS:

- Nano infusion
- Ultrasound
- Oxygen Infusion
- Microcurrent
- LED therapy
- High frequency
- Hydrodermabrasion
- Skin scrubbing
- Cold therapy
- Holistic tools
- Cold plasma

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STEPS OF TREATMENT

Pre-Cleanse: Thoroughly cleanse face and neck with **Purifying Cleanser** for 1-2 minutes. Remove with wet sponges or a steamed towel.

Cleanse: Thoroughly cleanse face and neck with **Balancing Cleanser** for 1-2 minutes. Remove with wet sponges or a steamed towel.

Exfoliate: Apply 4-6 drops of **Lactic 5% + Collagen** on esthetic wipe or in a small bowl. Using the esthetic wipe or fan brush, apply to face and neck and leave for 5-10 minutes for self-neuralization. Do not remove. **-OR -**Use professional exfoliating products of choice for acneic skin.

Suggested Modality: Incorporating exfoliation modalities such as hydrodermabrasion, skin scrubber, high frequency, or appropriate extraction tools may be utilized at this time. Completely dry the skin after modality to prepare for peptide penetration.

Peptide Treatment:

- Apply 4-6 drops of **Repair Peptide** to face and neck until completely penetrated into skin.
- Apply 4-6 drops of **Clear Peptide** to face and neck until completely penetrated into skin.
- Apply 1 packet of **Hyaluronic Peptide Serum (Low or High)** to face and neck until completely penetrated into skin. (may use fan brush for application)

(Additional Restore Peptide Product may be utilized during the peptide treatment phase to address other specific skin conditions and concerns.)

Modality Suggestion: Techniques such as infusion treatments, oxygen infusion therapy, LED light therapy, microcurrent, gentle ultrasonic infusion may be incorporated at this time.

Nourish: Apply **PEPTI-Nano Mask** according to packaging instructions and adjust to facial contour. Leave on for approximately 10-30 minutes. Utilizing remaining serum in package by applying every 2-5 minutes with a fan brush. Remove mask and continue treatment.

Modality Suggestion: Holistic modalities such as facial rollers, cold globes, and mushroom massage tools may be used over the mask to enhance product penetration.

Peptide Treatment: Massage 1-2 pumps of **Rejuvenator** (level based on skin health) to face and neck until completely penetrated into skin.

(Some users of this product may experience minor tingling, which should subside shortly after application. If the sensation persists, please rinse and cleanse the face.)

Moisturize: Apply 1-2 pumps of **Collagen Gel, Day Moisturizer or VIOpure Nourishing Moisturizer** to skin until completely absorbed.

Protect: Use professional SPF of choice.

CAUTIONS AND CONTRAINDICATIONS:

- Viktoria DeAnn is not responsible for contraindications arising from the use of exfoliants, sun protection products, devices, modalities, or protocols from other brands, nor from integrating outside products into treatment procedures.
- Peptides may overstimulate extremely compromised, highly inflamed, or medically fragile skin. Discontinue use if any signs of overstimulation or adverse response occur.
- Clients who are pregnant, breastfeeding, or under medical care for significant health conditions should obtain physician clearance before beginning treatment or using active formulations.
- If irritation or an adverse reaction develops, discontinue use immediately and remove the product from the skin.

DISCLAIMER

This information is intended to support professional estheticians in analyzing skin conditions and selecting appropriate topical products within their scope of practice. Because every individual's skin responds uniquely, these guidelines should not be interpreted as medical advice, diagnosis, or treatment recommendations. Estheticians should always consider a client's medical history, current medications, known allergies, and sensitivities when determining product suitability. Any concerns involving medical or pathological skin conditions should be referred to a licensed physician or dermatologist. Professionals are responsible for adhering to the regulations and scope of practice defined by their state.